

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Januarius Elke

Coaches: Leemans Mats

Coaches: Vekeman Christophe

Coaches: Mens Jennifer

Coaches: Januarius Bart

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+		Heat:1, starttime: 09:00
Heat: 1/8 Lane : 4 Athlete: DHONDT ANNELIEN		Q-time: 99:99:99
PB (50m pool): 00:33.97 MOUSCRON 29/05/2025		PB (25m pool): 00:35.00 SB: no time
PB	5 0 M	
	00:33.97	
	00:33.97	
		

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+		Heat:3, starttime: 09:03
Heat: 3/8 Lane : 4 Athlete: GHISLAIN EMILIE		Q-time: 00:37:47
PB (50m pool): 00:39.16 Antwerpen 13/07/2025		PB (25m pool): 00:37.47 SB: no time
PB	5 0 M	
	00:39.16	
	00:39.16	
		

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+		Heat:5, starttime: 09:06
Heat: 5/8 Lane : 5 Athlete: HENNEAU LOTTE		Q-time: 00:33:96
PB (50m pool): 00:33.11 Antwerpen 19/04/2026		PB (25m pool): 00:34.13 SB: 00:33.11 Antwerpen 19/04/2026
PB	5 0 M	
	00:33.11	
	00:33.11	
		

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 1: 50M BUTTERFLY WOMEN 11+				Heat:8, starttime: 09:09	
Heat: 8/8 Lane : 2 Athlete: LOUCKX CÉLIE				Q-time: 00:32:78	
PB (50m pool): 00:34.32 Antwerpen 13/07/2025				PB (25m pool): 00:32.78 SB: 00:34.89 Antwerpen 15/03/2026	
	5 0 M				
PB	00:34.32				
	00:34.32				
					

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+				Heat:8, starttime: 09:09	
Heat: 8/8 Lane : 5 Athlete: IANNINO VALENTINA				Q-time: 00:30:65	
PB (50m pool): 00:32.18 Antwerpen 08/03/2026				PB (25m pool): 00:30.65 SB: 00:32.18 Antwerpen 08/03/2026	
	5 0 M				
PB	00:32.18				
	00:32.18				
					

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+				Heat:1, starttime: 09:11	
Heat: 1/8 Lane : 6 Athlete: PEETERS KOBE				Q-time: 99:99:99	
PB (50m pool): 00:50.12 Zwembad Brigitte Becue Oostend 19/05/2025				PB (25m pool): 00:37.59 SB: no time	
	5 0 M				
PB	00:50.12				
	00:50.12				
					

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+				Heat:2, starttime: 09:13	
Heat: 2/8 Lane : 3 Athlete: SAADEH NAYIM				Q-time: 00:41:07	
PB (50m pool): 00:41.07 Antwerpen 15/03/2026				PB (25m pool): no time SB: 00:41.07 Antwerpen 15/03/2026	
	5 0 M				
PB	00:41.07				
	00:41.07				
					

Coach feedback:

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Event number: 2: 50M BUTTERFLY MEN 11+						Heat:3, starttime: 09:14	
Heat: 3/8 Lane : 2 Athlete: WIELEMAN ROBBE						Q-time: 00:36:27	
PB (50m pool): 00:36.81 Antwerpen 19/04/2026				PB (25m pool): 00:36.27 SB: 00:36.81 Antwerpen 19/04/2026			
	5 0 M						
PB	00:36.81						
	00:36.81						
							

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+							Heat:4, starttime: 09:15	
Heat: 4/8 Lane : 2 Athlete: VANDERGUCHT JONAS							Q-time: 00:34:07	
PB (50m pool): 00:34.07 Antwerpen 15/03/2026				PB (25m pool): 00:35.34 SB: 00:34.07 Antwerpen 15/03/2026				
	5 0 M							
PB	00:34.07							
	00:34.07							
								

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+				Heat:5, starttime: 09:17	
Heat: 5/8 Lane : 8 Athlete: LESCRAUWAET MAX				Q-time: 00:33:28	
PB (50m pool): 00:37.04 MOUSCRON 29/05/2025				PB (25m pool): 00:33.28 SB: no time	
	5 0 M				
PB	00:37.04				
	00:37.04				
					

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:6, starttime: 09:18	
Heat: 6/8 Lane : 1 Athlete: BAS BRIEK						Q-time: 00:30:57	
PB (50m pool): 00:30.57 Antwerpen 15/03/2026				PB (25m pool): 00:32.48 SB: 00:30.57 Antwerpen 15/03/2026			
	5 0 M						
PB	00:30.57						
	00:30.57						
							

Coach feedback:

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Event number: 2: 50M BUTTERFLY MEN 11+							Heat:6, starttime: 09:18		
Heat: 6/8 Lane : 5 Athlete: CLEYMANS TORBEN							Q-time: 00:28:29		
PB (50m pool): 00:27.71 Amersfoort 22/02/2026							PB (25m pool): 00:28.29SB: 00:27.71 Amersfoort 22/02/2026		
	5 0 M								
PB	00:27.71								
	00:27.71								
									

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+							Heat:6, starttime: 09:18		
Heat: 6/8 Lane : 6 Athlete: VANOLANDE THIBAUT							Q-time: 00:28:82		
PB (50m pool): 00:29.14 Antwerpen 08/03/2026							PB (25m pool): 00:28.82 SB: 00:29.14 Antwerpen 08/03/2026		
	5 0 M								
PB	00:29.14								
	00:29.14								
									

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+							Heat:6, starttime: 09:18		
Heat: 6/8 Lane : 8 Athlete: VEKEMAN KWINTE							Q-time: 00:31:04		
PB (50m pool): 00:31.34 Molenbeek 01/02/2026							PB (25m pool): 00:31.04 SB: 00:31.34 Molenbeek 01/02/2026		
	5 0 M								
PB	00:31.34								
	00:31.34								
									

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:7, starttime: 09:19	
Heat: 7/8 Lane : 5 Athlete: CLEYMANS KARSTEN						Q-time: 00:27:84	
PB (50m pool): 00:27.84 Antwerpen 27/07/2025						PB (25m pool): 00:27.86 SB: 00:28.35 Antwerpen 19/04/2026	
	5 0 M						
PB	00:27.84						
	00:27.84						
							

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:8, starttime: 09:20	
Heat: 8/8 Lane : 2 Athlete: KENTIN SHANE						Q-time: 00:28:95	
PB (50m pool): 00:29.69 Antwerpen 19/04/2026				PB (25m pool): 00:28.95 SB: 00:29.69 Antwerpen 19/04/2026			
	5 0 M						
PB	00:29.69						
	00:29.69						
							

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:8, starttime: 09:20	
Heat: 8/8 Lane : 4 Athlete: THIéBAUT NOAH						Q-time: 00:25:20	
PB (50m pool): 00:25.20 Antwerpen 22/03/2026				PB (25m pool): 00:25.51 SB: 00:25.20 Antwerpen 22/03/2026			
	5 0 M						
PB	00:25.20						
	00:25.20						
							

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:8, starttime: 09:20	
Heat: 8/8 Lane : 7 Athlete: DE HAES TIBO						Q-time: 00:29:90	
PB (50m pool): 00:29.60 Antwerpen 19/04/2026				PB (25m pool): 00:31.19 SB: 00:29.60 Antwerpen 19/04/2026			
	5 0 M						
PB	00:29.60						
	00:29.60						
							

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+							Heat:4, starttime: 09:27		
Heat: 4/8 Lane : 4 Athlete: MECHROUBI YASMINA							Q-time: 00:39:24		
PB (50m pool): 00:39.17 Antwerpen 19/04/2026				PB (25m pool): 00:39.24 SB: 00:39.17 Antwerpen 19/04/2026					
	5 0 M								
PB	00:39.17								
	00:39.17								
									

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 11+							Heat:8, starttime: 09:34	
Heat: 8/8 Lane : 2 Athlete: HEYE MIRTHE							Q-time: 00:34:64	
PB (50m pool): 00:35.19 Antwerpen 13/07/2025				PB (25m pool): 00:34.64 SB: 00:36.41 Antwerpen 19/04/2026				
	5 0 M							
PB	00:35.19							
	00:35.19							
								

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+							Heat:8, starttime: 09:34		
Heat: 8/8 Lane : 5 Athlete: AELEN BENTE							Q-time: 00:32:66		
PB (50m pool): 00:32.75 Antwerpen 08/03/2026				PB (25m pool): 00:32.66 SB: 00:32.75 Antwerpen 08/03/2026					
	5 0 M								
PB	00:32.75								
	00:32.75								
									

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+				Heat:2, starttime: 09:38	
Heat: 2/5 Lane : 6 Athlete: DOBBELEIRE NIELS				Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): 00:48.27 SB: no time		
	5 0 M				
PB	no time				
	<i>no time</i>				
					

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+							Heat:3, starttime: 09:39	
Heat: 3/5 Lane : 6 Athlete: HALLET BRENT							Q-time: 00:33:43	
PB (50m pool): 00:34.95 Antwerpen 19/04/2026				PB (25m pool): 00:33.43 SB: 00:34.95 Antwerpen 19/04/2026				
	5 0 M							
PB	00:34.95							
	00:34.95							
								

Coach feedback:

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Event number: 4: 50M BACKSTROKE MEN 11+				Heat:3, starttime: 09:39	
Heat: 3/5 Lane : 8 Athlete: LOUCKX TIM				Q-time: 00:38:56	
PB (50m pool): no time				PB (25m pool): 00:38.56 SB: no time	
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+				Heat:4, starttime: 09:41	
Heat: 4/5 Lane : 1 Athlete: BAS GASTON				Q-time: 00:36:20	
PB (50m pool): 00:36.20 Molenbeek 01/02/2026				PB (25m pool): 00:38.01 SB: 00:36.20 Molenbeek 01/02/2026	
	5 0 M				
PB	00:36.20				
	00:36.20				
					

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 09:43	
Heat: 5/5 Lane : 5 Athlete: SMISMANS KAMIL				Q-time: 00:30:52	
PB (50m pool): 00:31.50 Antwerp 02/02/2025				PB (25m pool): 00:30.52 SB: 00:31.58 Antwerpen 15/03/2026	
	5 0 M				
PB	00:31.50				
	00:31.50				
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 09:49	
Heat: 2/2 Lane : 5 Athlete: HENNEAU LOTTE				Q-time: 02:56:89	
PB (50m pool): 03:03.38 Molenbeek 01/02/2026				PB (25m pool): 02:56.89 SB: 03:03.38 Molenbeek 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:26.05	no time	03:03.38	
	no time				
					

Coach feedback:

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Event number: 6: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 09:58
Heat: 2/3 Lane : 3 Athlete: VANDERGUCHT JONAS					Q-time: 03:05:38
PB (50m pool): 03:24.74 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:05.38 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.20	01:38.74	02:32.25	03:24.74	
	00:46.20	00:52.54	00:53.51	00:52.49	
					

Coach feedback:

Event number: 6: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 09:58
Heat: 2/3 Lane : 4 Athlete: VEKEMAN KWINTE					Q-time: 03:01:43
PB (50m pool): 03:04.55 MOUSCRON 29/05/2025 PB (25m pool): 02:59.96 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.45	01:32.21	02:21.41	03:04.55	
	00:44.45	00:47.76	00:49.20	00:43.14	
					

Coach feedback:

Event number: 6: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 09:58
Heat: 2/3 Lane : 7 Athlete: KENTIN SHANE					Q-time: 99:99:99
PB (50m pool): 02:55.68 Antwerpen 28/07/2024 PB (25m pool): 02:44.88 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:55.68	
	no time				
					

Coach feedback:

Event number: 6: 200M BREASTSTROKE MEN 11+					Heat:3, starttime: 10:02
Heat: 3/3 Lane : 1 Athlete: PEETERS KOBE					Q-time: 02:56:93
PB (50m pool): 02:59.80 Molenbeek 01/02/2026 PB (25m pool): 02:56.93 SB: 02:59.80 Molenbeek 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:25.31	no time	02:59.80	
	no time				
					

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 200M BREASTSTROKE MEN 11+					Heat:3, starttime: 10:02
Heat: 3/3 Lane : 3 Athlete: BAS BRIEK					Q-time: 02:47:12
PB (50m pool): 02:50.51 Antwerpen 19/04/2026					PB (25m pool): 02:47.12 SB: 02:50.51 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.36	01:20.49	02:05.08	02:50.51	
	00:37.36	00:43.13	00:44.59	00:45.43	
					

Coach feedback:

Event number: 6: 200M BREASTSTROKE MEN 11+					Heat:3, starttime: 10:02
Heat: 3/3 Lane : 5 Athlete: LESCRAUWAET MAX					Q-time: 02:40:92
PB (50m pool): 02:40.92 Antwerpen 08/03/2026					PB (25m pool): 02:43.34 SB: 02:40.92 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.62	01:17.37	01:59.75	02:40.92	
	00:35.62	00:41.75	00:42.38	00:41.17	
					

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 10:07
Heat: 1/4 Lane : 3 Athlete: DHONDT ANNELIEN					Q-time: 99:99:99
PB (50m pool): 02:31.33 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:28.75 SB: 02:34.31 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.06	01:13.10	01:53.29	02:31.33	
	00:34.06	00:39.04	00:40.19	00:38.04	
					

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:15
Heat: 3/4 Lane : 4 Athlete: HEYE MIRTHE					Q-time: 02:33:79
PB (50m pool): 02:35.14 Charleroi 11/05/2025					PB (25m pool): 02:32.97 SB: 02:35.45 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.08	01:16.14	01:56.65	02:35.14	
	00:35.08	00:41.06	00:40.51	00:38.49	
					

Coach feedback:

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Event number: 7: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 10:18
Heat: 4/4 Lane : 2 Athlete: GHISLAIN EMILIE					Q-time: 02:26:73
PB (50m pool): 02:31.18 Gent 08/02/2026					PB (25m pool): 02:26.73 SB: 02:31.18 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:10.91	no time	02:31.18	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:1, starttime: 10:22
Heat: 1/4 Lane : 3 Athlete: DOBBELEIRE NIELS					Q-time: 02:48:68
PB (50m pool): 02:48.68 Molenbeek 01/02/2026					PB (25m pool): 02:53.16 SB: 02:48.68 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:20.39	no time	02:48.68	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:2, starttime: 10:26
Heat: 2/4 Lane : 2 Athlete: SAADEH NAYIM					Q-time: 02:33:99
PB (50m pool): 02:33.28 Antwerpen 19/04/2026					PB (25m pool): 02:33.99 SB: 02:33.28 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.37	01:13.75	01:53.89	02:33.28	
	00:34.37	00:39.38	00:40.14	00:39.39	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:2, starttime: 10:26
Heat: 2/4 Lane : 4 Athlete: BAS GASTON					Q-time: 02:26:88
PB (50m pool): 02:33.34 Antwerpen 19/04/2026					PB (25m pool): 02:26.88 SB: 02:33.34 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.24	01:12.61	01:53.34	02:33.34	
	00:34.24	00:38.37	00:40.73	00:40.00	
					

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+					Heat:2, starttime: 10:26
Heat: 2/4 Lane : 5 Athlete: WIELEMAN ROBBE					Q-time: 02:30:44
PB (50m pool): 02:32.76 Gent 08/02/2026					PB (25m pool): 02:30.44 SB: 02:32.76 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.27	01:13.43	01:53.77	02:32.76	
	00:34.27	00:39.16	00:40.34	00:38.99	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:4, starttime: 10:32
Heat: 4/4 Lane : 2 Athlete: HALLET BRENT					Q-time: 02:09:03
PB (50m pool): 02:14.56 Molenbeek 01/02/2026					PB (25m pool): 02:09.03 SB: 02:14.56 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:03.16	no time	02:14.56	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:4, starttime: 10:32
Heat: 4/4 Lane : 7 Athlete: SMISMANS KAMIL					Q-time: 02:12:19
PB (50m pool): 02:16.32 Antwerpen 19/04/2026					PB (25m pool): 02:12.19 SB: 02:16.32 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.13	01:05.84	01:41.23	02:16.32	
	00:31.13	00:34.71	00:35.39	00:35.09	
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 10:48
Heat: 4/4 Lane : 4 Athlete: IANNINO VALENTINA					Q-time: 02:31:89
PB (50m pool): 02:38.86 Antwerpen 20/07/2025					PB (25m pool): 02:31.89 SB: 02:43.15 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.75	01:16.29	02:03.69	02:38.86	
	00:33.75	00:42.54	00:47.40	00:35.17	
					

Coach feedback:

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Event number: 9: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 10:48
Heat: 4/4 Lane : 7 Athlete: LOUCKX CÉLIE					Q-time: 02:51:90
PB (50m pool): 03:03.60 Sint-Jans-Molenbeek 19/02/2023 PB (25m pool): 02:51.90 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:03.60	
	no time				
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:2, starttime: 10:56
Heat: 2/3 Lane : 7 Athlete: LOUCKX TIM					Q-time: 02:56:99
PB (50m pool): 02:58.36 Antwerpen 08/03/2026 PB (25m pool): 02:56.99 SB: 02:58.36 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.08	01:23.53	02:17.36	02:58.36	
	00:38.08	00:45.45	00:53.83	00:41.00	
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:3, starttime: 11:01
Heat: 3/3 Lane : 2 Athlete: VANOLANDE THIBAUT					Q-time: 02:27:25
PB (50m pool): 02:32.14 Antwerpen 08/03/2026 PB (25m pool): 02:27.25 SB: 02:32.14 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.90	01:10.37	01:57.81	02:32.14	
	00:30.90	00:39.47	00:47.44	00:34.33	
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:3, starttime: 11:01
Heat: 3/3 Lane : 3 Athlete: CLEYMANS KARSTEN					Q-time: 02:16:50
PB (50m pool): 02:20.34 ANTWERPEN 30/07/2023 PB (25m pool): 02:14.12 SB: 02:25.65 Molenbeek 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:20.34	
	no time				
					

Coach feedback:

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Event number: 10: 200M MEDLEY MEN 11+					Heat:3, starttime: 11:01
Heat: 3/3 Lane : 4 Athlete: CLEYMANS TORBEN					Q-time: 02:12:60
PB (50m pool): 02:21.83 Olympic Pool Wezenberg, Antwer 30/07/25 PB (25m pool): 02:12.60 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.75	01:13.14	01:50.38	02:21.83	
	00:31.75	00:41.39	00:37.24	00:31.45	
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:3, starttime: 11:01
Heat: 3/3 Lane : 5 Athlete: THIÉBAUT NOAH					Q-time: 02:12:73
PB (50m pool): 02:12.73 Antwerpen 27/07/2025 PB (25m pool): 02:12.06 SB: 02:21.07 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.41	01:03.12	01:42.44	02:12.73	
	00:27.41	00:35.71	00:39.32	00:30.29	
					

Coach feedback:

Event number: 13: 200M BACKSTROKE WOMEN 11+					Heat:1, starttime: 11:08
Heat: 1/2 Lane : 6 Athlete: MECHROUBI YASMINA					Q-time: 02:56:44
PB (50m pool): no time PB (25m pool): 02:56.44 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 11:13
Heat: 2/2 Lane : 4 Athlete: AELEN BENTE					Q-time: 02:29:25
PB (50m pool): 02:32.22 Antwerpen 20/07/2025 PB (25m pool): 02:29.25 SB: 02:34.90 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.82	01:14.87	01:55.36	02:32.22	
	00:35.82	00:39.05	00:40.49	00:36.86	
					

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 16: 50M BREASTSTROKE MEN 11+				Heat:4, starttime: 11:37	
Heat: 4/5 Lane : 2 Athlete: PEETERS KOBE				Q-time: 00:37:84	
PB (50m pool): 00:37.84 Molenbeek 01/02/2026				PB (25m pool): 00:37.63 SB: 00:37.84 Molenbeek 01/02/2026	
	5 0 M				
PB	00:37.84				
	00:37.84				
					

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+				Heat:4, starttime: 11:37	
Heat: 4/5 Lane : 4 Athlete: CLEYMANS KARSTEN				Q-time: 00:29:39	
PB (50m pool): 00:29.71 ANTWERPEN 30/07/2023				PB (25m pool): 00:29.31 SB: 00:30.27 Antwerpen 19/04/2026	
	5 0 M				
PB	00:29.71				
	00:29.71				
					

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+				Heat:5, starttime: 11:39	
Heat: 5/5 Lane : 4 Athlete: CLEYMANS TORBEN				Q-time: 00:28:49	
PB (50m pool): 00:29.08 Luxembourg - Kirchberg 15/03/2026				PB (25m pool): 00:28.49 SB: 00:29.08 Luxembourg - Kirchberg 15/03/2026	
	5 0 M				
PB	00:29.08				
	00:29.08				
					

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+				Heat:1, starttime: 11:41	
Heat: 1/9 Lane : 3 Athlete: DHONDT ANNELIEN				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): 00:29.97 SB: no time	
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:2, starttime: 11:42	
Heat: 2/9 Lane : 5 Athlete: MECHROUBI YASMINA						Q-time: 00:38:33	
PB (50m pool): 00:33.44 Antwerpen 19/04/2026						PB (25m pool): 00:38.33 SB: 00:33.44 Antwerpen 19/04/2026	
	5 0 M						
PB	00:33.44						
	00:33.44						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:5, starttime: 11:46	
Heat: 5/9 Lane : 5 Athlete: GHISLAIN EMILIE						Q-time: 00:31:99	
PB (50m pool): 00:32.77 MOUSCRON 29/05/2025						PB (25m pool): 00:31.99SB: 00:33.26 Molenbeek 01/02/2026	
	5 0 M						
PB	00:32.77						
	00:32.77						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:6, starttime: 11:47	
Heat: 6/9 Lane : 3 Athlete: HENNEAU LOTTE						Q-time: 00:31:25	
PB (50m pool): 00:31.25 Molenbeek 01/02/2026						PB (25m pool): 00:31.31 SB: 00:31.25 Molenbeek 01/02/2026	
	5 0 M						
PB	00:31.25						
	00:31.25						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:7, starttime: 11:48	
Heat: 7/9 Lane : 6 Athlete: HEYE MIRTHE						Q-time: 00:29:99	
PB (50m pool): 00:30.69 Molenbeek 01/02/2026				PB (25m pool): 00:29.99SB: 00:30.69 Molenbeek 01/02/2026			
	5 0 M						
PB	00:30.69						
	00:30.69						
							

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 17: 50M FREESTYLE WOMEN 11+										Heat:9, starttime: 11:51																					
Heat: 9/9 Lane : 4 Athlete: IANNINO VALENTINA																				Q-time: 00:27:03											
PB (50m pool): 00:27.35 Antwerpen 08/03/2026										PB (25m pool): 00:27.03 SB: 00:27.35 Antwerpen 08/03/2026																					
		5 0 M																													
PB		00:27.35																													
		00:27.35																													
																															

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+							Heat:3, starttime: 11:55		
Heat: 3/9 Lane : 5 Athlete: SAADEH NAYIM							Q-time: 00:33:25		
PB (50m pool): 00:31.49 Antwerpen 19/04/2026							PB (25m pool): 00:33.62 SB: 00:31.49 Antwerpen 19/04/2026		
	5 0 M								
PB	00:31.49								
	00:31.49								
									

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+						Heat:4, starttime: 11:57																	
Heat: 4/9 Lane : 7 Athlete: LOUCKX TIM												Q-time: 00:32:36											
PB (50m pool): 00:31.98 Antwerpen 19/04/2026												PB (25m pool): 00:32.36 SB: 00:31.98 Antwerpen 19/04/2026											
	5 0 M																						
PB	00:31.98																						
	00:31.98																						
																							

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+						Heat:7, starttime: 12:00	
Heat: 7/9 Lane : 5 Athlete: SMISMANS KAMIL						Q-time: 00:26:12	
PB (50m pool): 00:27.51 Antwerpen 13/07/2025						PB (25m pool): 00:26.12 SB: 00:27.55 Antwerpen 15/03/2026	
	5 0 M						
PB	00:27.51						
	00:27.51						
							

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 18: 50M FREESTYLE MEN 11+							Heat:8, starttime: 12:01		
Heat: 8/9 Lane : 1 Athlete: BAS BRIEK							Q-time: 00:27:47		
PB (50m pool): 00:27.65 Antwerpen 15/03/2026							PB (25m pool): 00:27.47 SB: 00:27.65 Antwerpen 15/03/2026		
	5 0 M								
PB	00:27.65								
	00:27.65								
									

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+										Heat:8, starttime: 12:01	
Heat: 8/9 Lane : 2 Athlete: DE HAES TIBO										Q-time: 00:26:97	
PB (50m pool): 00:26.96 Antwerpen 19/04/2026										PB (25m pool): 00:26.97 SB: 00:26.96 Antwerpen 19/04/2026	
	5 0 M										
PB	00:26.96										
	00:26.96										
											

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+							Heat:8, starttime: 12:01		
Heat: 8/9 Lane : 8 Athlete: HALLET BRENT							Q-time: 00:27:79		
PB (50m pool): 00:27.79 Antwerpen 15/03/2026							PB (25m pool): 00:28.06 SB: 00:27.79 Antwerpen 15/03/2026		
	5 0 M								
PB	00:27.79								
	00:27.79								
									

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+							Heat:9, starttime: 12:02		
Heat: 9/9 Lane : 4 Athlete: THIéBAUT NOAH							Q-time: 00:23:70		
PB (50m pool): 00:24.26 Antwerpen 22/03/2026							PB (25m pool): 00:23.70SB: 00:24.26 Antwerpen 22/03/2026		
	5 0 M								
PB	00:24.26								
	00:24.26								
									

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 18: 50M FREESTYLE MEN 11+		Heat:9, starttime: 12:02
Heat: 9/9 Lane : 6 Athlete: KENTIN SHANE		Q-time: 00:26:47
PB (50m pool): 00:27.23 Antwerp 02/02/2025 PB (25m pool): 00:26.47 SB: 00:27.47 Gent 08/02/2026		
	5 0 M	
PB	00:27.23	
	00:27.23	
		

Coach feedback: